

## Lightness Values of Teeth Before and After Being Stained and Cleaned with Various Toothpastes

Treatment	Original Tooth Color					Stained/Cleaned Tooth Color				Difference
	Tooth	Reading 1	Reading 2	Reading 3	Average	Reading 1	Reading 2	Reading 3	Average	
Colgate	1	56.23	54.86	60.30	57.13	53.04	54.68	51.07	52.93	-4.20
	2	60.29	60.64	54.62	58.52	44.48	51.68	53.56	49.91	-8.61
	3	49.39	53.19	48.90	50.49	56.07	52.23	51.11	53.14	2.64
	4	42.97	51.95	36.35	43.76	44.62	35.61	49.96	43.40	-0.36
	<b>Average</b>				<b>52.47</b>				<b>49.84</b>	<b>-2.63</b>
Aquafresh	5	54.11	53.85	55.36	54.44	37.63	55.52	49.74	47.63	-6.81
	6	63.51	42.83	59.94	55.43	52.01	51.32	52.70	52.01	-3.42
	7	45.86	53.11	48.75	49.24	38.68	43.01	41.11	40.93	-8.31
	8	57.46	48.09	46.44	50.66	47.63	45.41	43.65	45.56	-5.10
	<b>Average</b>				<b>52.44</b>				<b>46.53</b>	<b>-5.91</b>
Crest	9	57.49	37.52	43.30	46.10	52.80	31.09	53.22	45.70	-0.40
	10	54.01	36.78	46.43	45.74	46.42	43.44	37.14	42.33	-3.41
	11	62.52	49.45	36.99	49.65	49.93	53.51	49.71	51.05	1.40
	12	56.83	50.03	45.36	50.74	50.93	48.13	48.40	49.15	-1.59
	<b>Average</b>				<b>48.06</b>				<b>47.06</b>	<b>-1.00</b>
Tom's of Maine	13	61.30	48.86	62.45	57.54	52.99	46.42	48.82	49.41	-8.13
	14	46.84	49.91	43.57	46.77	41.47	47.38	41.71	43.52	-3.25
	15	40.00	48.58	40.59	43.06	40.54	41.08	39.56	40.39	-2.66
	16	40.20	49.96	51.38	47.18	47.61	46.81	47.33	47.25	0.07
	<b>Average</b>				<b>48.64</b>				<b>45.14</b>	<b>-3.49</b>
Mentadent	17	40.88	41.13	47.77	43.26	44.72	48.81	50.38	47.97	4.71
	18	56.01	53.78	47.70	52.50	53.77	55.10	58.28	55.72	3.22
	19	40.64	58.71	55.91	51.75	52.35	60.38	61.14	57.96	6.20
	20	58.63	61.23	59.40	59.75	59.51	58.05	60.02	59.19	-0.56
	<b>Average</b>				<b>51.82</b>				<b>55.21</b>	<b>3.39</b>

# Average Lightness of Teeth

## Original State vs Stained and Cleaned

