




Breakfast & Lunch Menu November 2009 Elementary Schools

**Cereal and Pop Tarts Offered
Daily As a Breakfast Choice.
Eight Fluid Ounces of Milk
Served with Each Meal.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Nov 2) Breakfast - Juice, Waffles / Syrup</i></p> <p>A Chickenwich B Burrito / Sauce</p> <p><i>Choice of: salad, carrots, pears, strawberry shortcake</i></p>	<p><i>3) Breakfast - Juice, Cheese Stick, Cinnamon Roll</i></p> <p>A Pretzel / Cheese / SF Nuts B Lite Corn Dog</p> <p><i>Choice of: salad, carrots, broccoli, fresh pineapple</i></p>	<p><i>4) Breakfast - Juice, Cereal, Sunflower Nuts</i></p> <p>A Cheese Pizza B Pepperoni Pizza</p> <p><i>Choice of: garden salad, baby carrots, celery, peaches</i></p>	<p><i>5) Breakfast - Juice, Muffin, Yogurt</i></p> <p>A Chicken Nuggets B Chef's Salad</p> <p><i>Choice of: cornbread, salad, peppers, fresh apple slices, fudge bar</i></p>	<p><i>6) Breakfast - Juice, Sausage/ Egg / Cheese Pocket</i></p> <p>A Cheese Quesadilla / Salsa B Hamburger</p> <p><i>Choice of: tater tots, salad, tomato, mandarin oranges</i></p>
<p><i>9) Breakfast - Juice, Pizza Pocket</i></p> <p>A Hamburger B Chickenwich</p> <p><i>Choice of: baked fries, salad, tomato, fresh orange wedges</i></p>	<p><i>10) Breakfast - Juice, Egg / Sausage Breakfast Sandwich</i></p> <p>A Taco Salad / Salsa B Lite Hot Dog</p> <p><i>Choice of: green salad, carrots, celery, fresh grapes</i></p>	<p style="text-align: center;">11) No School</p> <div style="text-align: center;">  </div> <p style="text-align: center;">Veterans' Day</p>	<p><i>12) Breakfast - Juice, Pancake/Sausage/Stick/Syrup</i></p> <p>A Chicken Drumsticks B Teriyaki Dippers / Sauce</p> <p><i>Choice of: roll, salad, carrots, mixed peppers, peaches</i></p>	<p><i>13) Breakfast - Juice, Cereal, Chocolate Super Donut</i></p> <p>A Nachos / Cheese / SF Nuts B Chicken Nuggets</p> <p><i>Choice of: salad, carrots, broccoli, fresh apple slices, Elf grahams</i></p>
<p><i>16) Breakfast - Juice, Honey Bun</i></p> <p>Slice of Cheese Pizza Celery Stick Fresh Orange Wedges Sherbet Cup</p>	<p><i>17) Breakfast - Juice, Bagel / Cream Cheese</i></p> <p>Burrito / Taco Sauce Pack Garden Salad Ranch Dressing Applesauce Cup Pudding Pop</p>	<p><i>18) Breakfast - Juice, Yogurt, Muffin</i></p> <p>Mini Cheeseburgers Ketchup Packet Carrotinis Fresh Apple Slices Ice Juicee</p>	<p><i>19) Breakfast - Juice, Cereal, Chocolate Super Donut</i></p> <p>Turkey/Cheese Deli Potato Chips Carrotinis Pineapple Tidbits Holiday Cookie</p>	<p><i>20) Breakfast - Juice, Cereal, Fruit Churro</i></p> <p>Lite Corn Dog Green Salad Ranch Dressing Peach Cup Fruit Snacks</p>
<p><i>23) Breakfast - Juice, Pancakes / Syrup</i></p> <p>A Teriyaki Dippers / Sauce B Chicken Nuggets</p> <p><i>Choice of: rice, salad, carrots, peaches, cookie pack</i></p>	<p><i>24) Breakfast - Juice, Egg / Sausage Breakfast Sandwich</i></p> <p>A Italian Dunkers / Sauce B Ham/Cheese Deli</p> <p><i>Choice of: garden salad, broccoli, mixed fruit, Rice Krispy Treat</i></p>	<p><i>25) Breakfast - Juice, Bagel, Cream Cheese</i></p> <p>A Hamburger B Chickenwich</p> <p><i>Choice of: baked fries, green salad, tomato, pineapple tidbits</i></p>	<p>26)</p> <p style="font-size: 2em; color: #ADD8E6; opacity: 0.5;">Happy Thanksgiving</p>	<p>27)</p>